

Patient Instructions

- Twist top of seal-syringe applicator.
- Extrude a 1/2 pea size drop of the Everlasting Whites gel into each tooth indentation of your mouth tray.
- Place tray in your mouth. Keep whitening gel off of gums. If contact is made with gums, wipe immediately.
- Wear trays once a day for 40 minutes, as prescribed by your Dentist.
- Rinse and brush out your trays and your teeth to remove excess material after each treatment.
- Repeat this procedure for 7 to 10 or until you have achieved the whiteness you want.
- If sensitivity should occur, extend whitening intervals to every other day or every third day until desired whiteness achieved.
- Suggestions: Refrain from eating, drinking, or smoking for 30 minutes after wearing the gel. Also avoid citrus to minimize possible discomfort.
- Refrigerate material when not in use.
- Happy Whitening!